



# WOMEN'S CAREER AND LEADERSHIP DEVELOPMENT CONFERENCE

**February 25-26, 2011**

THE RITZ-CARLTON,  
CHARLOTTE, NORTH CAROLINA

**PROGRAM DIRECTORS:**

ATHENA POPPAS, M.D., F.A.C.C.

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CARDIOVASCULAR  
LEADERSHIP  
INSTITUTE



AMERICAN  
COLLEGE of  
CARDIOLOGY  
FOUNDATION



# Women's Career and Leadership Development Conference

February 25-26, 2011

Ritz-Carlton, Charlotte, NC

## Program Details

### Guidebook

Your program guidebook is NOT INTENDED TO BE AN EXACT REPRESENTATION of the faculty presentations. Rather, it is being provided as a useful reference that we encourage you to use both during and after the program. Ample space for taking notes has been provided within each section.

### CME Credit and Evaluation

Your feedback from this American College of Cardiology Foundation (ACCF) educational program will help us to better target ACCF educational initiatives and efforts to support you and your future learning needs. In order to receive your CME certificate or certificate of attendance, you must complete a brief evaluation survey online. This survey can be accessed by visiting [www.CardioSource.org/evaluations](http://www.CardioSource.org/evaluations), and then scrolling down to this conference where you will find a link to the certification and evaluation. Additionally, you will also be sent an email which will include a direct link to the survey. Your identification number, which is located on the top right hand corner of your name badge, will serve as your log-in. Please write in your badge number here \_\_\_\_\_. The password you will need to access the survey is **your last name (Note: This is case sensitive)**. Please keep this information in a safe place as you will need it to complete the course evaluation and to receive your credit certificate. **You must complete this evaluation by March 26, 2011.** For questions related to this process, please contact the ACC Resource Center at (800) 253-4636 x5603.

### Disclaimers

This information is provided for general medical education purposes only and is not meant to substitute for the independent medical judgment of a clinician relative to diagnostic and treatment options for a specific patient's medical condition.

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ACCF reserves the right to modify faculty and program without notice.

## Program Overview

Hone your leadership and career skills while networking with top women cardiologists!

This third installment of the Women's Career and Leadership Development Conference offers insights into conflict management, effective communications strategies and work-life balance. A key feature of this intimate and interactive program is the opportunity to share tips with your peers and learn from women cardiologists who have steered their own successful careers.

## Statement of Need

This conference is intended to address continued under-representation of women leaders in cardiology. Despite statistics that show nearly equal numbers of men and women graduate from medical schools, the number of female cardiologists has doubled over the past decade. This program will provide women cardiologists with the opportunity to construct a personal career development plan, prioritize strategies of resilience in balancing work and personal challenges and address the need for the ACGME/ABMS competency of "Interpersonal and Communications Skills" including conflict management and successful negotiation.

## Learner Objectives

The overall goal of this activity is to improve the leadership and career skills of women cardiologists in both the practice setting and the academic setting by increasing participant competence in recognizing their own personal and professional characteristics as well as improving performance in skills and strategies to optimize participation within the medical workforce.

Upon completion of this program, attendees should be able to —

- Develop a personal career plan
- Discuss barriers and explore resources available for promotional growth
- Define key career and leadership development skills
- Apply effective communication, negotiation and conflict management skills
- Prioritize strategies for balancing work and personal challenges
- Define the value of professional associations
- Apply strategic decision-making skills, leadership competencies, and personal effectiveness in the management of teams, departments and organizations.

## Target Audience

This program is intended for women cardiologists and cardio-thoracic surgeons in their early and mid-career practice and Fellows in Training.

## Accreditation and Designation

### Physicians

The American College of Cardiology Foundation is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The ACCF designates this educational activity for a maximum of 8 *AMA PRA Category 1 Credits™*. Physicians should only claim credits commensurate with the extent of their participation in the activity.

While offering credits noted above, the program is not intended to provide extensive training or certification in the field.

## Acknowledgments

Educational grant support for this activity provided by:

The Physician's Foundation



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We would also like to thank SCAI- Women in Innovations, for their support of this program.



This program is brought to you by:



## The Cardiovascular Leadership Institute (CLI)

Over the past three years, the College has embarked on enhancing leadership competencies of its membership. The College formed the Cardiovascular Leadership Institute (CLI) to enhance leadership skills and provide the tools and experiences required to enable cardiovascular specialists and the ACC to lead transformational change in improving cardiovascular health. CLI conducts a series of live programs and educational sessions throughout the year, including Leadership Forum, Emerging Faculty, How to be a Cardiovascular Investigator, Women in Cardiology, Evolving Models of Cardiovascular Practice and more.

Every aspect of the way cardiovascular medicine is practiced, researched, and taught is undergoing change. At this critical new turning point for health system reform, cardiovascular care providers need to enhance their competencies in patient care and medical knowledge, and also in interpersonal and communications skills, professionalism, and systems-based practice. The CLI has been a major source for training in many of these competencies. It is important to note as CLI matures, it is anticipated that more of the programs will provide CME and will be incorporated into a learning platform for CLI.

ACC's members are leaders in cardiovascular care. CLI will bring leadership training to these members at all stages of their careers.

## Learner Bill of Rights

The American College of Cardiology Foundation (ACCF) recognizes that you are a life-long learner who has chosen to engage in continuing medical education to identify or fill a gap in knowledge or skill; and to attain or enhance a desired competency. As part of ACCF's duty to you as a learner, you have the right to expect that your continuing medical education experience with ACCF includes the following.

### Content that:

- Promotes improvements or quality in healthcare
- Is current, valid, reliable, accurate and evidence-based
- Addresses the stated objectives or purpose
- Is driven and based on independent survey and analysis of learner needs, not commercial interests
- Has been reviewed for bias and scientific rigor
- Offers balanced presentations that are free of commercial bias
- Is vetted through a process that resolves any conflicts of interest of planners and faculty
- Is evaluated for its effectiveness in meeting the identified educational need

### A learning environment that:

- Is based on adult learning principles that support the use of various modalities
- Supports learners' abilities to meet their individual needs
- Respects and attends to any special needs of the learners
- Respects the diversity of groups of learners
- Is free of promotional, commercial and/or sales activities

### Disclosure of:

- Relevant financial relationships that planners, teachers and authors have with commercial interests related to the content of the activity
- Commercial support (funding or in-kind resources) of this activity

## Disclosure/Conflict of Interest Statement

### DISCLOSURE POLICY

#### *Faculty/Planners/Oversight Committee/ACCF Staff*

As a provider accredited by the Accreditation Council for Continuing Medical Education (ACCME) and the American College of Cardiology Foundation (ACCF) must ensure balance, independence, objectivity and scientific rigor in all of their directly sponsored or jointly sponsored educational activities. Provider(s) and faculty participating in a sponsored activity are required to disclose to the audience any significant financial interests or other relationships he/she or a member of their immediate family may have (1) with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services discussed in an educational presentation and (2) with any commercial supporters of the activity. ACCF is committed to providing its learners with high-quality activities and materials that promote improvements and quality in health care and not a specific proprietary business or commercial interest. The intent of this disclosure is not to prevent participation in sponsored educational activities by persons with a financial or other relationship, but rather to provide learners with information on which they can make their own determination whether financial interests or relationships may influence the credited activity.

### CONFLICT OF INTEREST (COI) POLICY

#### *Faculty/Planners/Oversight Committee/ACCF Staff*

ACCF assesses conflict of interest (COI) with its faculty, planners, managers, staff and other individuals who are in a position to control the content of CME credited activities. All relevant potential conflicts of interest that are identified are thoroughly vetted through a process that includes course directors and appropriate peer review by education committee chairs/members and/or peer review of content by independent, non-ACC-affiliated clinicians, for fair balance, scientific objectivity and validity, and patient care and safety recommendations.

ACCF also requires that all faculty disclose their intent to discuss any unlabeled/unapproved uses of drugs and/or devices during their presentations.

Listed in the syllabus are the disclosures for all persons who influenced the content of this activity. Full disclosure for additional persons involved with planning this educational activity can be found at [www.CardioSource.org/WICConference](http://www.CardioSource.org/WICConference)

#### **Program Co-Directors**

##### **Athena Poppas, M.D., F.A.C.C.**

Director of Echocardiography Laboratory, Rhode Island Hospital  
Associate Professor of Medicine, Brown University

#### **Disclosures**

Nothing to Disclose

##### **Mary Norine Walsh, M.D., F.A.C.C.**

Medical Director of the Heart Failure and Cardiac Transplantation Programs, St. Vincent Heart Center of Indiana  
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*Consultant Fees/Honorarium:* Emerge, BioControl, United Health Care, Medtronic

#### **Keynote**

##### **Mariell Jessup, M.D., F.A.C.C.**

Professor of Medicine, University of Pennsylvania School of Medicine  
Associate Chief, Clinical Affairs, Division of Cardiovascular Medicine  
Medical Director, Penn Heart and Vascular Center

*Research Grants:* HeartWare, Amgen, Celladon

#### **Faculty**

##### **Colleen Brophy, M.D.**

Professor of Surgery  
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#### **Disclosures**

Nothing to Disclose

##### **Nora L. Burgess, M.D.**

Assistant Physician in Chief, San Francisco Medical Center  
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#### **Disclosures**

Nothing to Disclose

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*Consultant Fees/Honorarium:* CardioDX

*Officer, director or any other fiduciary role:* Translational Research in Oncology

*Research Grants:* Viacor, Abiomed, Edwards Lifesciences; Atritech

*Royalty Income:* UpToDate; Elsevier

**Spouse:**

*Consultant Fees/Honorarium:* Medscape, LLC Genomic Medicine Institute Advisory Board/WebMD Advisor; Heart.org; Pappas Ventures; BG Medicine; CorbettAccel

*Officer, director or any other fiduciary roll:* Personalized Medicine Coalition

*Ownership/partnership/principal:* CardioDX

*Research Grants:* Novartis

*Royalty Income:* Elsevier

**Jan Erickson**

Vice President, Corporate Human Resources and Global Talent Management  
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[Disclosures](#)

Nothing to Disclose

**Emily Hoffman, M.D.**

Director of Training  
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[Disclosures](#)

Nothing to Disclose

**Dipti Itchhaporia, M.D., F.A.C.C.**

Southern California Governor, California Chapter of the ACC

Immediate Past-President, California Chapter of the ACC

Robert and Georgia Roth Chair for Excellence in Cardiac Care

Director of Disease Management

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*Officer, director or any other fiduciary role:* Astra Zeneca CV Foundation

*Research Grants:* Astellas Pharma US Inc.

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[Disclosures](#)

Nothing to Disclose

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Professor of Medicine

Mayo Medical School

Disclosures

Nothing to Disclose

**For a complete listing of upcoming educational events and to register online, go to [www.CardioSource.org](http://www.CardioSource.org) and click on Certified Education and then Courses and Conferences.**



# AGENDA

Friday, February 25

4:00pm	<b>Registration</b>	<b>Ballroom Prefuntion 1 &amp; 2</b>
6:20pm	<b>Welcome and Introductions</b> --Athena Poppas, M.D., F.A.C.C. --Mary Norine Walsh, M.D., F.A.C.C.	<b>The Great Room</b>
6:30pm	<b>Dinner &amp; Keynote Address</b> Career Advancement & Volunteer Leadership: Succeeding at Both --Mariell Jessup, M.D., F.A.C.C. Professor of Medicine, University of Pennsylvania School of Medicine Associate Chief, Clinical Affairs, Division of Cardiovascular Medicine Medical Director, Penn Heart and Vascular Center	<b>The Great Room</b>
8:30pm	<b>Adjourn</b>	

Saturday, February 26

7:15am	<b>Continental Breakfast</b>	<b>The Great Room</b>
7:45am	<b>Introduction and Overview of Objectives</b> --Athena Poppas, M.D., F.A.C.C. --Mary Norine Walsh, M.D., F.A.C.C.	<b>Ballroom Salon 1 &amp; 2</b>
8:00am	<b>Crucial Conversations: Tools for Talking When Stakes are High</b> --Emily Hoffman, M.D.	<b>Salon 1 &amp; 2</b>
9:00am	<b>Breakout Sessions</b> (participants choose 2 of 3) <b>1. Conflict Management-</b> Colleen Brophy, M.D. <b>2. Negotiating Effectively-</b> Linda K. Snelling, M.D. <b>3. Crucial Conversation Skills-</b> Emily Hoffman, M.D.	<b>Great Room 1 Great Room 2 Salon 1 &amp; 2</b>
10:00am	<b>Break</b>	<b>Prefuntion 1</b>
10:15am	<b>Breakout Sessions Repeated</b> (see above for details)	
11:15am	<b>Ascending the Ladder: Lessons from Industry</b> --Jan Erickson	<b>Salon 1 &amp; 2</b>
12:15pm	<b>Lunch</b>	<b>Salon 3</b>
1:30pm	<b>Career Navigation: Two Things I Wish I'd Done, Two Things I'm Glad I Did and Two Things I Have Yet to Do.</b> --Nora L. Burgess M.D. --Pamela S. Douglas, M.D., M.A.C.C. --Dipti Itchhaporia, M.D., F.A.C.C. --Mariell Jessup, M.D., F.A.C.C. --Jennifer H. Mieres, M.D., F.A.C.C. --Athena Poppas, M.D., F.A.C.C. --Mary Norine Walsh, M.D., F.A.C.C. --Carole A. Warnes, M.D., F.A.C.C.	<b>Salon 1 &amp; 2</b>
2:30pm	<b>Goal-Setting Made Personal: The Power to Change</b> --Emily Hoffman, M.D.	<b>Salon 1 &amp; 2</b>
3:00pm	<b>Designing Your Professional Development Plan</b> (small group workshops)	<b>Great Room 1 Great Room 2 Salon 1 &amp; 2</b>
3:45pm	<b>Closing Remarks</b>	<b>Salon 1 &amp; 2</b>
4:00pm	<b>Adjourn</b>	

## Faculty Biographies

### **Colleen Brophy, MD**

Dr. Brophy is currently Professor of Surgery (with tenure) and Medicine (Cardiology) at Vanderbilt University and is a staff surgeon for the Tennessee Valley Health Care System (VA). She has held faculty positions in Surgery, Medicine, Cell Biology and Anatomy, Bioengineering, and Kinesiology. She has been continuously funded by the NIH and the VAMC for over 15 years, has over 90 publications in a broad range of peer reviewed journals, two issued patents, and has received numerous academic awards. Dr. Brophy's research is in the field of the mechanisms of vascular smooth muscle relaxation.

Dr. Brophy was a founder of a start-up company, AzERx (Arizona Engineered Therapeutics), and as CEO she brought the Company to acquisition by Orthologic, Inc. (currently Capstone Therapeutics which has completed two phase II clinical trials). She is currently Chief Medical Officer and a founder in another biotechnology start up (Moerae Matrix, Inc, MMI). Dr. Brophy has had many firsts as a woman physician including, Professor of Surgery at Vanderbilt, Chair of the Surgical Research Committee for the American College of Surgeons, and Chair of the Bioengineering Technology and Surgical Sciences (BTSS) study section for the NIH. She served as a Commissioner for the State of Arizona (Arizona Biomedical Research Commission). She is a member of the faculty of the Institute for Women's Leadership and has facilitated numerous leadership seminars. She has two teenage daughters, Jessica (15) and Kate (13).

### **Nora L Burgess, M.D.**

Nora Burgess attended undergraduate and medical school at Brown University in an innovative, integrated 7 year program from 1970-7 and ultimately completed training in Thoracic Surgery at Mount Sinai Medical Center, New York in 1984. She then joined an adult cardiac surgery program under development at the Kaiser Permanente Medical Center in San Francisco. In 1993 she became Chief, Department of Cardiovascular Surgery as cardiac surgical cases once done in the private sector outside of KP sites were brought into the SFO facility. Practice scope and design steadily grew, moving from 750 to 1800 hearts a year over several years. In 1997, as the complexities of providing cardiovascular care to over 3.5 million members across the Northern California Kaiser Region required a more comprehensive approach, Dr. Burgess was assigned new roles as Chief, Strategic Planning and later Chief, Budget & Finance of a fully integrated Cardiac Service Line.

In 2004, she became Assistant-Physician-in-Chief for The Permanente Medical Group in San Francisco, where over 400 physicians work in a tertiary care clinic/hospital environment of over 30 clinical Departments and 10 residency programs. Her portfolio includes responsibilities as Chief Financial Officer, coordination of numerous inter-Departmental projects, new ventures and innovations, business planning, regulatory compliance, and operational oversight of several departments whose Chiefs report directly to her.

Activities outside of Kaiser Permanente include immediate Past-President and founding member of Women in Thoracic Surgery, participation in Society of Thoracic Surgeons workgroups on Patient Safety and on Graduate Medical Education, and the Thoracic Surgery Foundation for Research and Education.

Dr. Burgess is an active mentor of future and current generations of cardiothoracic surgeons, delving into discussions of career planning, compensation negotiations, issues that may arise in private partnership settings, and planning for second career shifts as surgeons pursue new ventures outside of the operating room proper.

Dr. Burgess was appointed Term Trustee of the Corporation, Brown University from 1993-1999; Vice-Chair for Student Affairs, Brown University Corporation Committee On Biomedical Affairs 1999-2003; Chair, Corporation Committee on Biomedical Affairs 1996-99; Member, Nominating Committee Roger Williams Award 1997-1999; and member, Brown University Presidential Search Committee 1997.

### **Pamela S. Douglas, M.D., M.A.C.C.**

Pamela S. Douglas, M.D. is the Ursula Geller Professor for Research in Cardiovascular Diseases at Duke University, Director of the Duke Clinical Research Imaging Program and Senior Fellow in Clinical Health Policy, Duke Center for

Clinical Health Policy Research. Douglas is internationally known for her scientific work in noninvasive imaging especially echocardiography and imaging outcomes, endurance exercise physiology, and heart disease in women. Her contributions in imaging span a broad range, from technology development to innovative applications to health care delivery, including shaping national policy for imaging and technology quality and pioneering the use of clinical trials to test diagnostic strategies. Author of over 300 papers and over 30 national guidelines, she has previously served on the faculties of the University of Pennsylvania, Harvard University and the University of Wisconsin, as chief of cardiovascular medicine at Duke University and the University of Wisconsin, and as a president of the American College of Cardiology and of the American Society of Echocardiography.

Dr. Douglas graduated from Princeton University and the Medical College of Virginia. She received her internal medicine and cardiology training at the Hospital of the University of Pennsylvania. Dr. Douglas has helped set the nation's research and clinical agendas, and her educational and investigative efforts have contributed to ongoing changes in the way cardiovascular medicine is practiced on behalf of patients.

#### **Jan Erickson**

Jan Erickson is currently the Human Resources Vice President for the Restorative Therapies Group, Corporate Sector and Global Talent Management at Medtronic, Inc. In this role Jan has global responsibility for providing leadership across the organization to drive the human resources and talent management strategies. Jan was recently awarded the Wallin Leadership Award. This is Medtronic's highest leadership award given to individuals who have demonstrated strong and effective leadership, and who have successfully developed leadership talent.

She joined Medtronic in 1997 and has served in a variety of human resources roles including Human Resources Vice President for the Chief Operating Officer and Human Resources Vice President Cardiac Rhythm Management Sales and Marketing. Prior to the Sales and Marketing role Jan held several leadership roles partnering with multiple functions and groups. She has been instrumental in key organizational design and succession planning initiatives, developed a Learning and Development organization and had led multiple key companywide change management efforts.

Jan received her bachelor's of art degree with honors in Organizational Development from Bethel University and Industrial Relations certificate from the University of Minnesota. She was a board member for the Minnesota Zoo and was previously chair of the board for the Education Ventures organization. A non-profit organization focused on strengthening the partnership between business, educators and parents to enhance the success of children in their education.

#### **Emily Hoffman, M.D., M.B.A.**

Drawing from an impressive education and rich experience, Emily Hoffman M.D., helps organizations achieve hard-hitting business results in the areas of productivity, change management, and leadership effectiveness. Emily lends her extensive background to assist major corporations and leading healthcare facilities become measurably more vital by practicing and implementing the high-leverage skills of top performers.

Emily has built her career on a strong educational foundation. She received a Medical Doctorate degree from the University of Utah and a Masters of Business Administration from the Marriott School of Management at Brigham Young University. A business results expert, Emily has consulted and trained with non profit, start-up ventures, and major national corporations such as Eli Lilly and The Chicago Board of Trade. Additionally, Emily has taught finance courses at Brigham Young University and trained corporate clients in Crucial Conversations.

With a doctorate degree and professional experience in the medical field, Emily consults and trains leading healthcare institutions. At UMass Memorial Health Care, Emily helped executives overcome bottlenecks affecting the productivity of the management team. At AACN, Emily helped facilitate the Healthy Work Environments Through Crucial Conversations Training program, a course developed specifically to help nurses improve the safety of the healthcare industry using the skills and principles of Crucial Conversations. Emily has also facilitated Crucial Conversations Training to healthcare organizations and written and produced more than 200 consumer health information pieces for the National Library of Medicine.

In her role as a master trainer for Crucial Conversations, Crucial Confrontations, and Influencer Training, Emily trains and certifies employees, managers, and trainers from Fortune 500 companies across the nation.

**Dipti Itchhaporia, M.D., F.A.C.C.**

Dipti Itchhaporia, M.D., F.A.C.C. received her medical degree from St. Louis University School of Medicine and completed her residency in internal medicine at Stanford University Medical Center. Subsequently, she joined the General Medicine Faculty at the University of California, San Francisco (UCSF) as assistant clinical professor and then went on to do a cardiology fellowship at Georgetown University and an interventional cardiology fellowship at Stanford University. She is board certified in cardiology, interventional cardiology and nuclear cardiology.

Dr. Itchhaporia is the Robert and Georgia Roth Chair of Cardiac Excellence and the medical director of disease management for Hoag Heart and Vascular Institute, in Newport Beach, California. In her role as Director of Disease Management, Dr. Itchhaporia leads the congestive heart failure management program and the anticoagulation clinic at Hoag Heart and Vascular Institute. She joined the medical staff at Hoag Hospital and also established her private practice specializing in diagnostic and interventional cardiology in 1996.

Next year, Dr. Itchhaporia will be assuming the position of Chair of the Board of Governors for the American College of Cardiology (ACC). Presently, she is the immediate Past President of the California state chapter of the ACC and is the Southern California Governor for the Board of Governors for the National ACC. Prior to being elected president she was a member of the Executive Committee, Chair of the Membership Committee, Chair of the Women in Heart Disease Committee, the advocacy committee, the CT working group as well as Orange County Councilor for the state chapter of the ACC. She holds many leadership positions with renowned organizations including present member of the Western Affiliates board of the American Heart Association (AHA) and past president of the Orange County Chapter of the AHA. She has also served on the National American Heart Association Professional Educational Committee. Additionally, she has been active in the American Society of Nuclear Cardiology as a member of the government relations committee for a number of years.

Dr. Itchhaporia has been recognized by the AHA as an Outstanding Medical honoree and has been voted as a Top Doctor of Orange County (Orange County Magazine). She is an outspoken advocate for building greater awareness about cardiovascular disease.

**Mariell Jessup M.D. F.A.C.C., FAHA, FESC**

Dr. Jessup is Professor of Medicine at the University of Pennsylvania School of Medicine, Associate Chief-Clinical Affairs, Cardiovascular Division of Medicine, and Medical Director of the Heart and Vascular Center at Penn Medicine.

Dr. Jessup received her Bachelor of Arts degree from the University of Pennsylvania and a Medical Degree from Hahnemann Medical College in Philadelphia. She completed her residency in Internal Medicine at Hahnemann University Hospital and a Cardiovascular fellowship at the Hospital of the University of Pennsylvania.

Dr. Jessup's focus throughout her career has been on the optimal management of patients with heart failure, including the appropriate selection of patients for heart transplant or ventricular assist devices (VADs). As Medical Director of the Heart and Vascular Center at Penn, she works with a multi-disciplinary team of cardiologists, cardiac and vascular surgeons, nurse practitioners, and nurses to deliver collaborative, cutting-edge care to patients in the new Perelman Center for Advanced Medicine.

Dr. Jessup has been a member of the committee to revise ACC/AHA Guidelines for the Management of Congestive Heart Failure, published in 2001 and most recently in 2005. She was the Chair of the ACC/AHA Guidelines focused update for heart failure; the newest version of the guidelines were published in March, 2009. She is now the Vice-Chair of that same committee. She has also served as the Chairman of the American Board of Internal Medicine (ABIM) Continuing Professional Development Congestive Heart Failure Practice Improvement Module Committee. Dr. Jessup served on the American Heart Association's Council of Clinical Cardiology Program Committee, and was a member-at-large on the AHA annual meeting's program committee. She just completed a two-year term as Chair

of the Committee for Scientific Sessions Program of the AHA. She is a member of the Board of Directors of the national AHA as well. She completed a 4-year term as an ABIM representative for the Residency Review Committee-Internal Medicine of the ACGME, and a 6-year term on the ABIM's Cardiovascular Board. She has now joined the Board of the Advanced Heart Failure and Transplant cardiology secondary subspecialty. She served as the Co-chairman of the ISHLT's Heart Failure Council, and served on the Board of Directors of the ISHLT for 3 years. She is a member of the Executive Council of the Heart Failure Society of America, and currently serves as the secretary for the HFSA. She is on the Steering committee of the INTERMACs registry for ventricular assist devices.

Dr. Jessup has published numerous articles as well as editorials, reviews, chapters and reports from committees on heart failure, as well as heart transplant. She has been recognized by *The Best Doctors in America* and in *Philadelphia Magazine's* Top Docs issue.

#### **JENNIFER H. MIERES, M.D., F.A.C.C., FASNC, FAHA**

Dr. Jennifer H. Mieres is one of the world's experts and patient advocates in the fields of nuclear cardiology and cardiovascular disease in women. Dr. Mieres is a founding member and Immediate past president of the American Society of Nuclear Cardiology (ASNC). She also has the distinction of being the first female President of ASNC. In June 2010 Dr. Mieres joined the North Shore-LIJ Health System as the Chief Diversity and Inclusion Officer and Medical Director of the Center for Learning and Innovation. She serves as the Health System's liaison for diversity initiatives to membership organizations, government entities and other health care organizations. Dr. Mieres continues her role as a clinical nuclear cardiologist and is also a member of the physician faculty of the North Shore-LIJ Health System as well as an Associate Professor of Medicine at Hofstra University School of Medicine. Previously Dr. Mieres served as an Associate Professor of Medicine and the Director of Nuclear Cardiology at The Leon H. Charney Division of Cardiology at New York University School of Medicine.

A graduate of Bennington College and Boston University School of Medicine, she is a Fellow of the American College of Cardiology (ACC), the American Society of Nuclear Cardiology (ASNC) and the American Heart Association (AHA) and is board certified in cardiovascular diseases and nuclear cardiology.

Dr. Mieres is actively involved in clinical cardiovascular research. She chaired the AHA's writing group on imaging in women and is the lead author of the AHA's 2005 scientific publication on diagnostic testing for women. She is currently one of the lead investigators of a national study (The WOMEN Study: **What is the Optimal Method for Ischemia Evaluation in Women?**) to determine the optimal non-invasive test for women with suspected heart disease. She has presented her research papers on cardiovascular disease in women at national and international conferences and has been, one of the distinguished faculty invited to scientific sessions of the ACC, AHA, ASNC and the International conference of Nuclear Cardiology. She is an active volunteer for the AHA and is the Chair of the AHA's 2010 national Professional Education Committee and a member of the Program Committee for AHA scientific sessions (2009, 2010). She is very involved in community service and is a national spokesperson for the AHA's Go Red For Women movement. Dr. Mieres is a past chair of the organization's national Cardiac Imaging Committee of the Council on Clinical Cardiology (2006-2008) and in addition served as a member of the AHA's National Board of Directors (2004-2006). She also serves as a member of the Scientific Advisory Board for WomenHeart: The national coalition for women living with heart disease.

Dr. Mieres is a recipient of many awards including; the 2008 *Woman's Day* Red Dress Award for her contributions to Women's Heart Health, the 2002 New York State Governor's award for excellence, the April 2004 WomenHeart Wenger Award for Healthcare and the Long Island AHA Award for Outstanding Service as President.

Dr. Mieres is routinely called upon by the media to comment on heart health, appearing in national and local media outlets on such programs as "20/20", the "Today Show", "Good Morning America", "CNN", and the Martha Stewart Show. As a producer of the PBS documentary "A Woman's Heart," (2003) she was nominated for an Emmy for Best documentary in the Health Science category at the 46th Annual New York Emmy Awards. In November 2008 she was featured in *SHAPE* magazine as one of the women who Shape the World. In 2009 and 2010, Dr Mieres was featured in *New York* magazine as one of NY's leading doctors in cardiovascular disease.

In 2008 *Heart Smart for Black Women and Latinas: A Five Week Program for Living a Heart- Healthy Lifestyle*, Dr. Mieres' first book was published by St Martin's Press.

**Athena Poppas, M.D., F.A.C.C.**

Athena Poppas, MD, received a bachelor of science from Brown University and a doctor of medicine from the University of Wisconsin Medical School. Poppas completed her residencies in internal medicine at University of Wisconsin Hospital and Clinics and in cardiovascular medicine at University of Chicago Hospital.

Dr. Poppas is director of the echocardiography laboratory at Rhode Island Hospital, specializing in treating patients with valvular heart disease and women with heart disease during pregnancy. As a cardiologist, Dr. Poppas focuses her research on the various facets of heart disease in women. She has presented and published internationally on topics such as stress echocardiography in women, cardiovascular properties in normal pregnancy and the role of new technologies in echocardiography, among others.

Dr. Poppas is an associate professor of medicine at The Warren Alpert Medical School of Brown University, and a member of the prestigious Board of Trustees of the American College of Cardiology. She was named a Top Doctor for Women by *Rhode Island Monthly* magazine and received the Young Investigator Award from the American Heart Association for her research on cardiovascular disease in women.

Dr. Poppas is a fellow for the American Heart Association, serving as a member of the Women in Cardiology Committee and abstract reviewer for *Scientific Sessions*. She is a fellow of the American Society of Echocardiography, where she chairs the ethics committee. She is also a fellow of the American College of Cardiology (ACC) where she served as governor and chapter president for Rhode Island from 2004 to 2007. She is a member of the ACC Clinical Quality Committee, Live Programs Committee and chair of the Cardiosource Oversight. She also served as the chair of the organization's Women in Cardiology Committee and is currently a faculty member in the cardiovascular leadership series.

**Linda K. Snelling, M.D.**

Dr. Snelling is Professor of Pediatrics and Surgery (Clinical), and Chief of Pediatric Critical Care Medicine at The Warren Alpert School of Medicine at Brown University.

She completed her M.D. degree at Oregon Health Sciences University, residencies in pediatrics at University of Utah and anesthesiology at Johns Hopkins Hospital, and fellowship in pediatric critical care, also at Hopkins. She was recruited to Providence RI in 1992, after three years in Pediatric Critical at Yale University.

In her current role, Dr. Snelling is medical director of the Pediatric Intensive Care Unit, pediatric inpatient medicine, and the pediatric sedation service at Hasbro Children's Hospital, a Brown teaching affiliate.

At Brown, Dr. Snelling serves on the advisory board for Women in Medicine and Science. She is recognized nationally for her approach to negotiation as an integral part of faculty development, financial success, collaborative program evolution and personal fulfillment, and teaches regularly to broad and varied audiences on all matters of negotiation and career development.

**Mary Norine Walsh, M.D., F.A.C.C.**

Dr. Walsh earned both her BA and MD from the University of Minnesota. She completed her internship and residency at the University of Texas Southwestern in Dallas. She completed her cardiology fellowship at Washington University School of Medicine, St. Louis, MO.

Dr. Walsh served as Assistant Professor of Medicine in the Division of Cardiology, as well as Assistant Professor of Radiology at the Hospital of the University of Pennsylvania.

Dr. Walsh joined Northside Cardiology (now The Care Group, a member of St Vincent Medical Group) in Indianapolis, Indiana in 1992. Her areas of expertise include nuclear cardiology, heart failure, and cardiac transplantation with a special interest in women and heart disease. She is the Medical Director of the Heart Failure and Cardiac Transplantation Programs at St. Vincent Hospital, Director of Nuclear Cardiology at The Care Group and Clinical Associate Professor of Medicine at Indiana University School of Medicine. In 1996, she

developed CardiAction, a disease management program of multirisk factor reduction and CHF management, now used throughout The Care Group.

She is immediate past president of the Indiana affiliate of the American Heart Association, past board member of the American Society of Nuclear Cardiology and a current board member of WomenHeart-the National Coalition for Women with Heart Disease. She previously served as an associate editor of HeartWatch – a publication of the Massachusetts Medical Society. She serves on the editorial board of the Journal of Cardiac Failure.

She has been active in the American College of Cardiology, both locally and nationally. She has served as President of the Indiana Chapter, and has been a long-standing member and past chair of the ACC Women in Cardiology Committee. She has served on the Workforce and Training Committee as well as the Heart Failure and Transplant Committee. She is currently chair of the Patient Centered Care and Cardiac Care Associates Committees, a member of the Budget and Finance Committee and a member of the Board of Trustees.

Dr. Walsh has been appointed to the ACGME Residency Review Committee for Internal Medicine by the American Board of Internal Medicine and she previously served the ABIM as a member of the Congestive Heart Failure Practice Improvement Module Committee.

Dr. Walsh's teaching activities include instruction of students, residents and fellows and she lectures frequently on heart failure, heart disease in women and topics in nuclear cardiology. She is actively involved in clinical research in heart failure, nuclear cardiology and systems approaches for quality initiatives in the practice setting.

**Carole A. Warnes, M.D. F.R.C.P., F.A.C.C.**

Dr. Warnes is a Professor of Medicine and a consultant in Cardiovascular Diseases, Internal Medicine, and Pediatric Cardiology at Mayo Clinic in Rochester, Minnesota.

She received her medical degree from Newcastle upon Tyne University in England where she completed her general medical training before going to London to pursue Cardiology fellowships. She completed her post-graduate thesis at the National Institutes of Health before returning to the National Heart Hospital in London for another two years. She became the first woman to join the Cardiovascular Division at Mayo Clinic in 1987, where she began the Adult Congenital Heart Disease Clinic, of which she is the Director. She was Dean of the School of Continuing Medical Education for ten years.

At Mayo Clinic, she received the Henry S. Plummer Distinguished Physician Award in 2004 and has received eight Cardiovascular Teacher of the Year Awards. She was elected to be a fellow of the Royal College of Physicians in 2005. She has been active in the American College of Cardiology serving on the Workforce and Training Task Force, as well as several education and Congenital Heart Disease committees. She is currently Chair of the Accreditation Committee and Chair of both the ACC Women in Cardiology Committee and Section. In 2009 she joined the ACC Board of Trustees.

She Co-Chaired the ACC/AHA Guidelines for the Management of Adult Congenital Heart Disease in 2008. She is passionate about teaching, and has published and lectured extensively on pregnancy and heart disease as well as congenital heart disease. She has edited three books and is currently on the Editorial Board of Circulation.

**Keynote Address-Career Advancement and Volunteer Leadership: Succeeding at Both**  
**Mariell Jessup, M.D., F.A.C.C.**

**Crucial Conversations: Tools for Talking When Stakes are High**  
**Emily Hoffman, M.D.**



### Breakout Sessions (participants choose 2 of 3)

- 1. Conflict Management- Colleen Brophy, M.D**
- 2. Negotiating Effectively- Linda K. Snelling, M.D.**

**3. Crucial Conversation Skills- Emily Hoffman, M.D.**

**Ascending the Ladder: Lessons from Industry**  
**Jan Erickson**

**Career Navigation: Two Things I Wish I'd Done, Two Things I'm Glad I Did and Two Things I  
Have Yet to Do**

**Nora L. Burgess M.D.; Pamela S. Douglas, M.D., M.A.C.C.; Dipti Itchhaporia, M.D., F.A.C.C.;  
Mariell Jessup, M.D., F.A.C.C.; Jennifer H. Mieres, M.D., F.A.C.C.; Athena Poppas, M.D.,  
F.A.C.C.; Mary Norine Walsh, M.D., F.A.C.C.; Carole A. Warnes, M.D., F.A.C.C.**

**Goal-Setting Made Personal: The Power to Change  
Emily Hoffman, M.D.**

## **Designing Your Professional Development Plan (small group workshops)**