

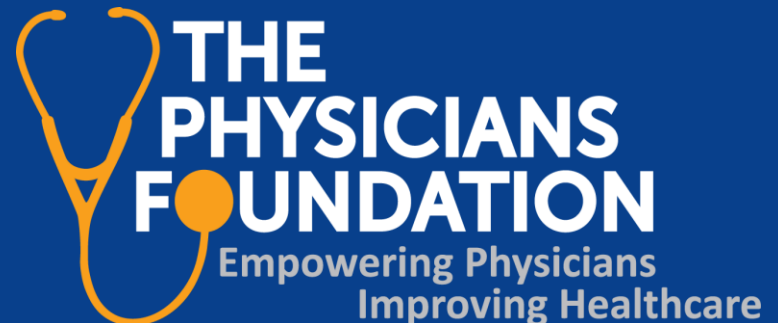
# The Physicians Foundation

Report to AAMSE

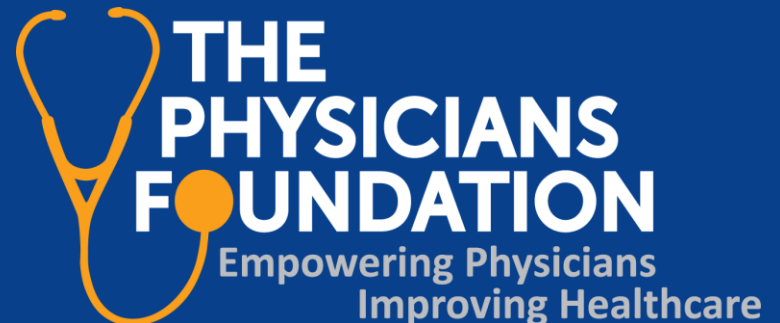
Russell Libby, MD

Board Member of the Physicians Foundation

July 20, 2016



# About The Physicians Foundation



# Overview

- **National non-profit organization formed in 2003 and dedicated to:**
  - Empowering physicians to lead in the delivery of high quality, cost-efficient health care
  - Strengthening the physician-patient relationship
  - Informing national healthcare policy by giving a voice to physicians nationwide
  - Supporting practicing physicians as they work to sustain their medical practices and navigate health reform

# Our Mission

**To empower physicians to lead in the delivery of high-quality, cost-efficient healthcare.**

# Overview

- **The Foundation pursues its mission through grant making, research, national surveys and policy studies**
  - **Awarded more than \$40 million in grants**
  - **Conducted four nationwide surveys of physicians**
  - **Supported 219 participants in the Physician Leadership Academy since 2010**

# **The Physicians Foundation Signatory Medical Societies**

**Alaska State Medical Association**

**California Medical Association**

**Connecticut State Medical Society**

**Denton County Medical Society (Texas)**

**El Paso County Medical Society (Colorado)**

**Florida Medical Association**

**Hawaii Medical Society**

**Louisiana State Medical Society**

**Medical Association of Georgia**

**Medical Society of New Jersey**

**Medical Society of Northern Virginia**

**Medical Society of the State of New York**

**Nebraska Medical Association**

**New Hampshire Medical Society**

**North Carolina Medical Society**

**South Carolina Medical Association**

**Tennessee Medical Association**

**Texas Medical Association**

**Vermont Medical Society**

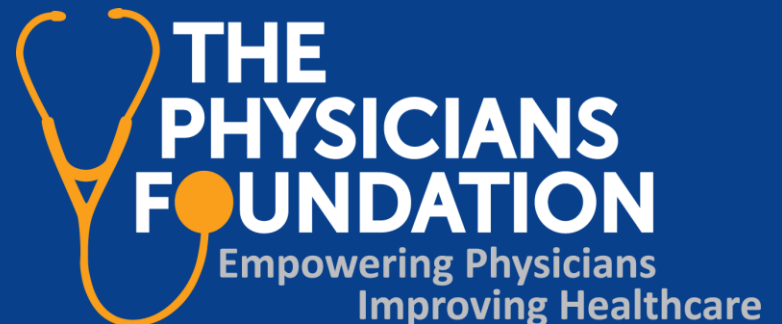
**Washington State Medical Association**

# Today We'll Discuss...

- **Our Recent Work**
- **Focus on Physician Practice**
- **How to Partner with Us**



# Our Recent Work





# 2016 National Patient Survey

## Survey examined:

- Status of the physician-patient relationship
- Factors patients believe are contributing to increased healthcare costs
- Patient perceptions of stakeholders impacting treatment options

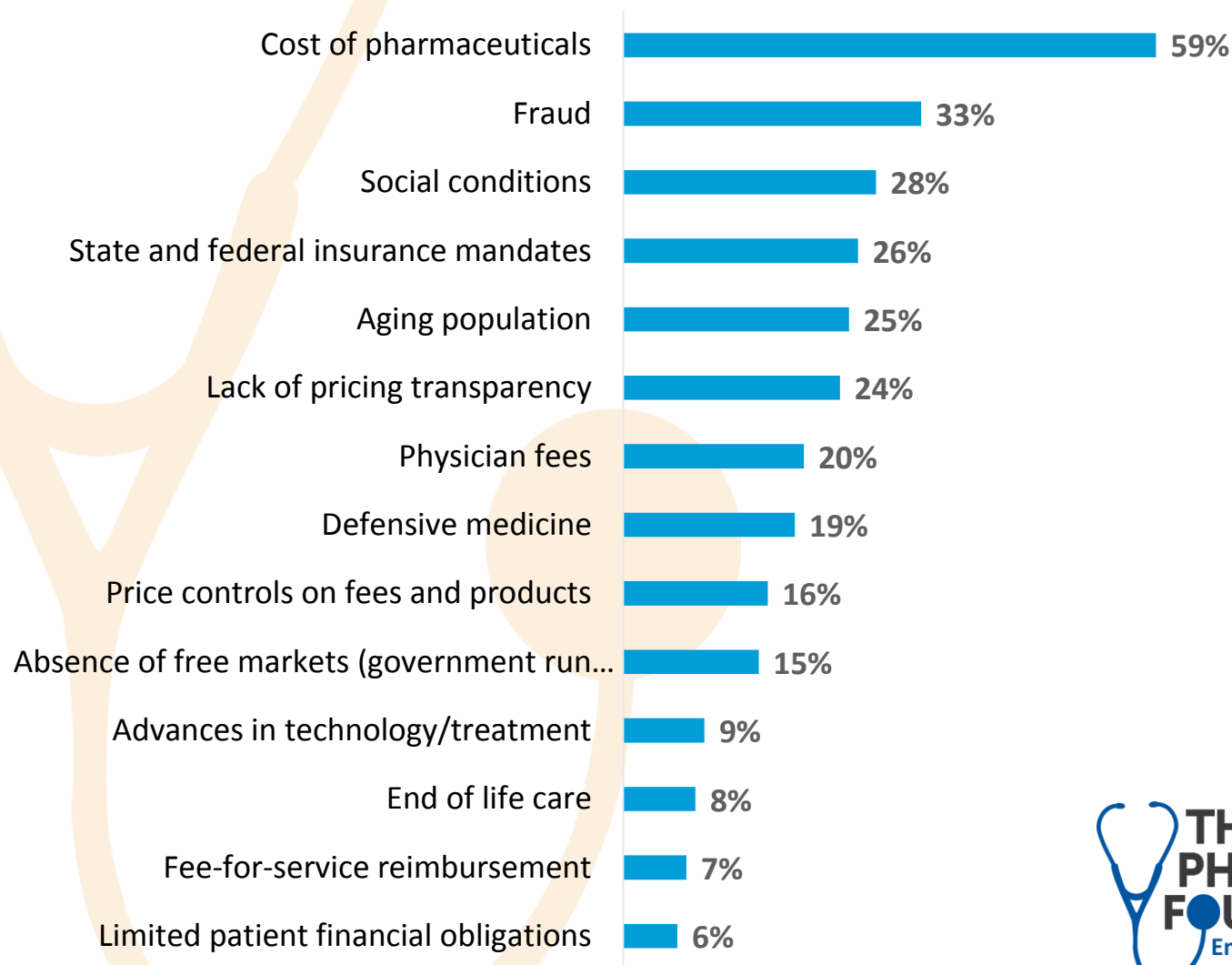


# Overview

- **Nine out of 10 are highly satisfied with PCP**
- **48 percent unconfident about affordable care should they become seriously ill**
- **59 percent say the cost of prescription drugs contributes to rising healthcare costs**
- **83 percent believe health insurance companies have the most impact on available treatment options**

# Detailed Findings

## Factors Contributing to Rising Healthcare Costs



# Detailed Findings

## % Missing Doctor Visit or Treatment Due to Cost

Skipped a medical test, treatment, or follow-up that was recommended by a doctor

25%

69%

Had a medical problem but did not visit a doctor

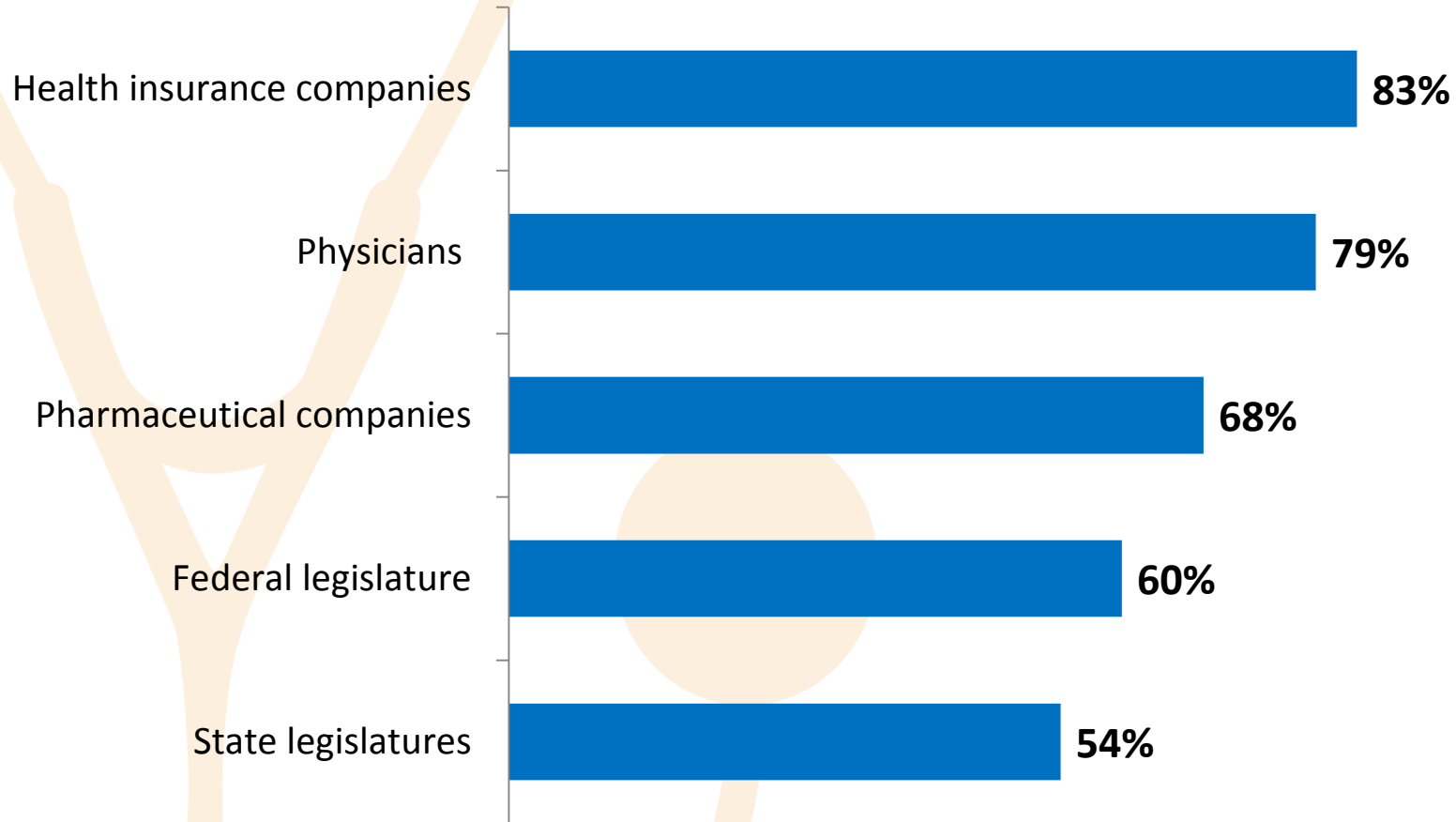
28%

68%

■ Yes ■ No

# Detailed Findings

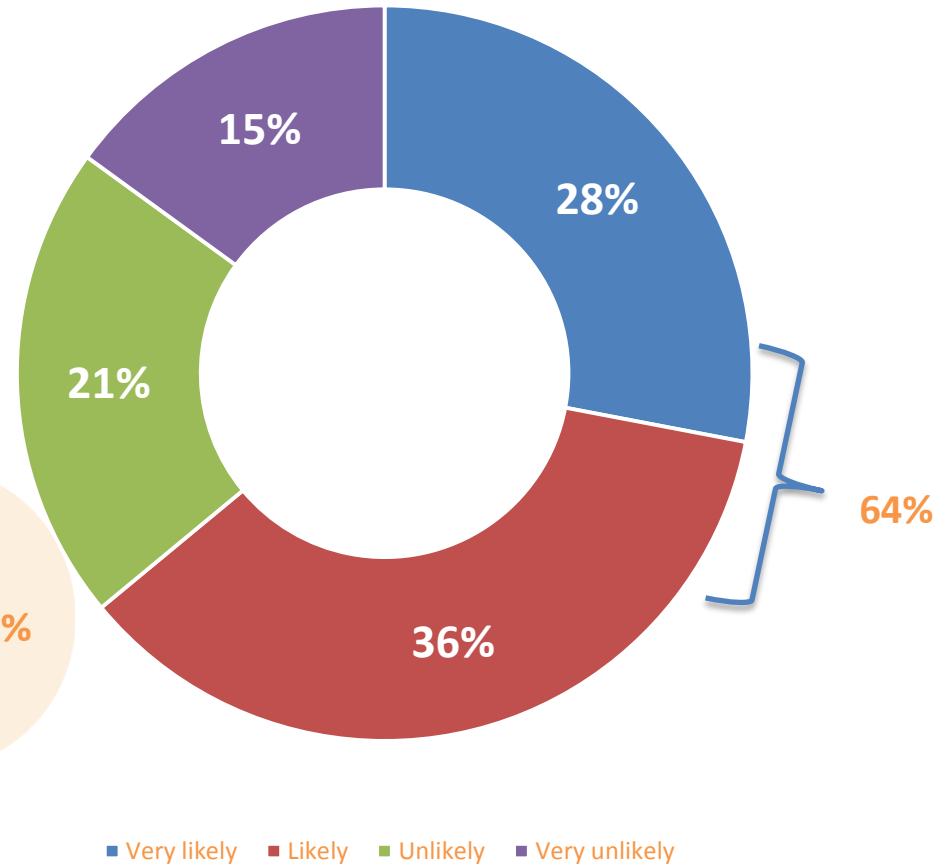
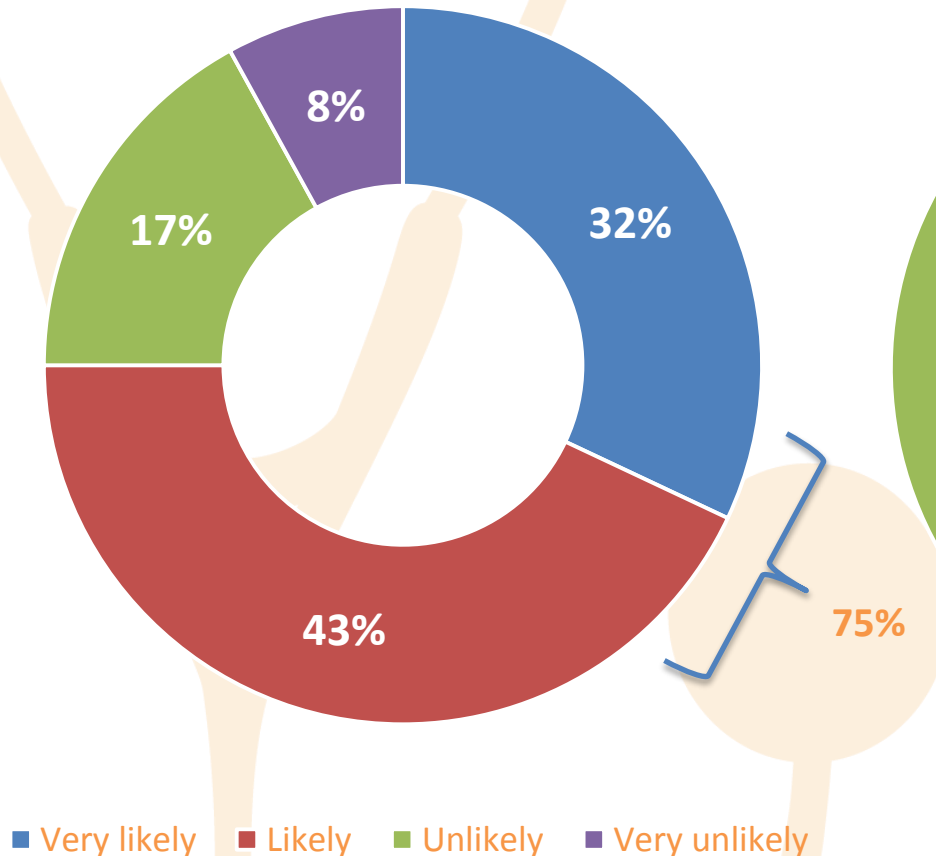
## Who impacts treatment options?



# Detailed Findings

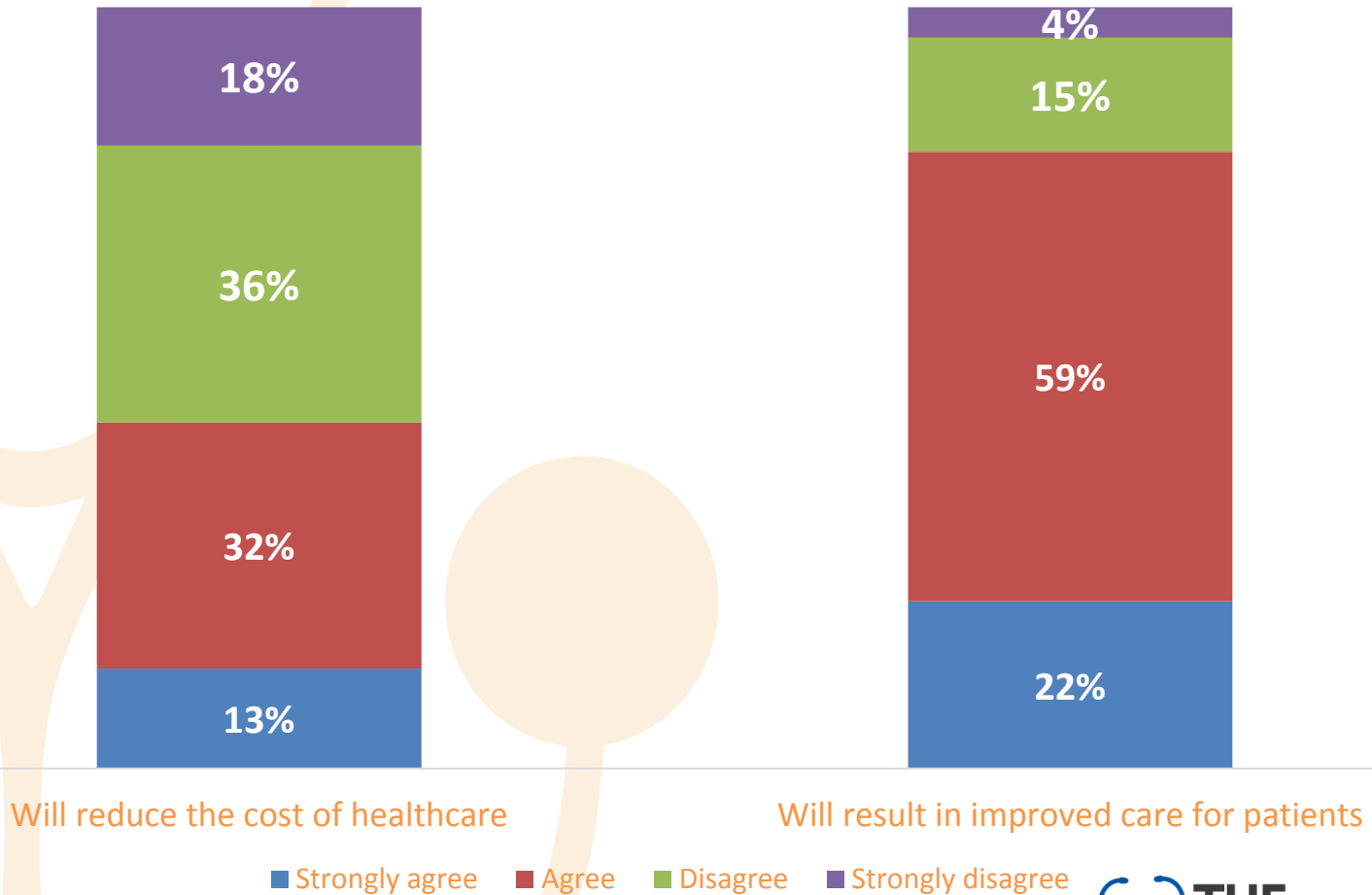
% likely/unlikely to use same-day appointments

% likely/unlikely to use online scheduling



# Detailed Findings

% agree/disagree technological advances will be beneficial



# Exploring Poverty in Healthcare

- ***Poverty and the Myths of Health Care Reform* by Buz Cooper, MD**
  - Focuses on the need of the U.S healthcare system to address the impact of social determinants of health
  - Available September 2016





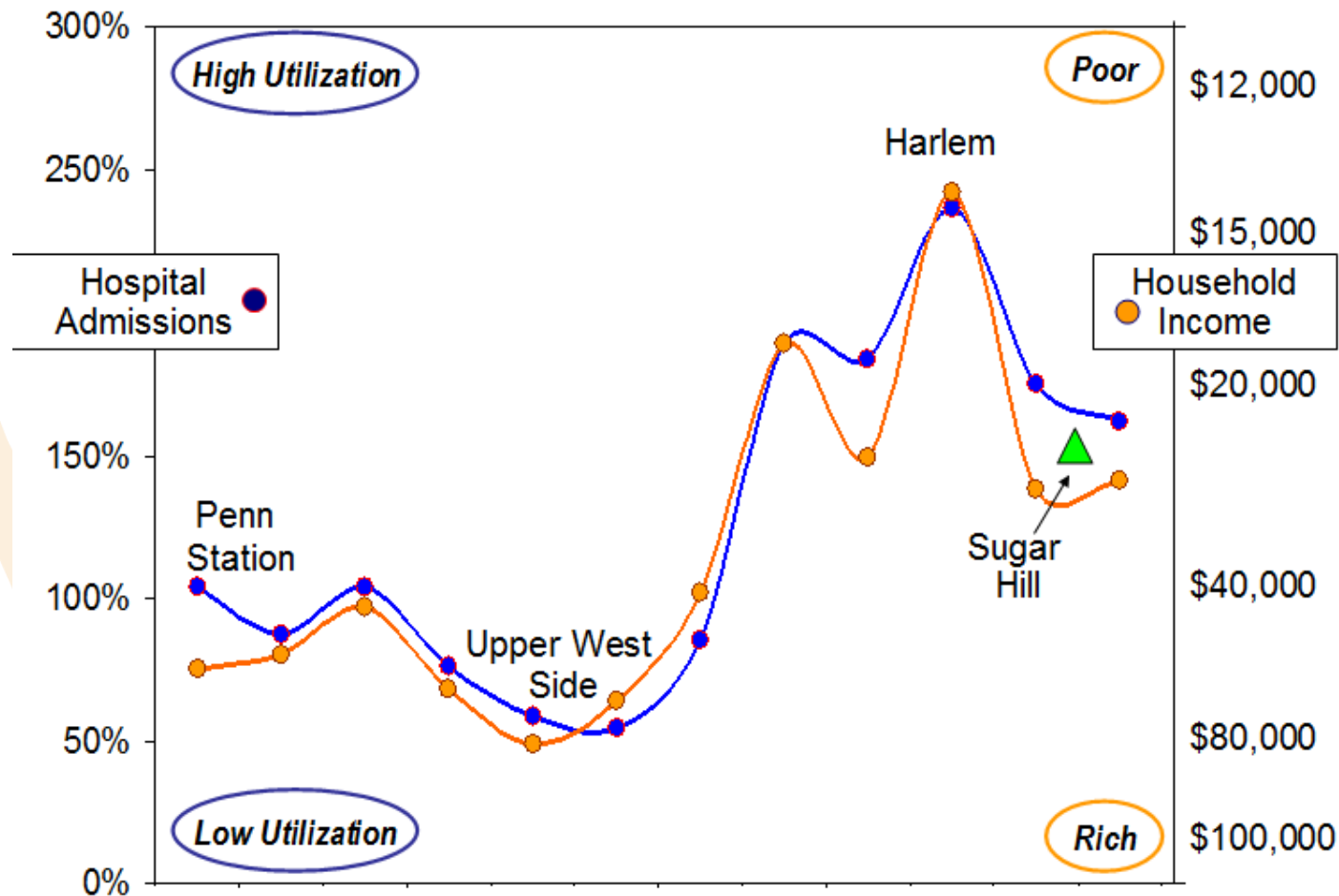
# Riding the A-Train



- Income inequality and health care consumption best seen through two prominent NYC subway lines
- NY State spends more on health care than almost any other state

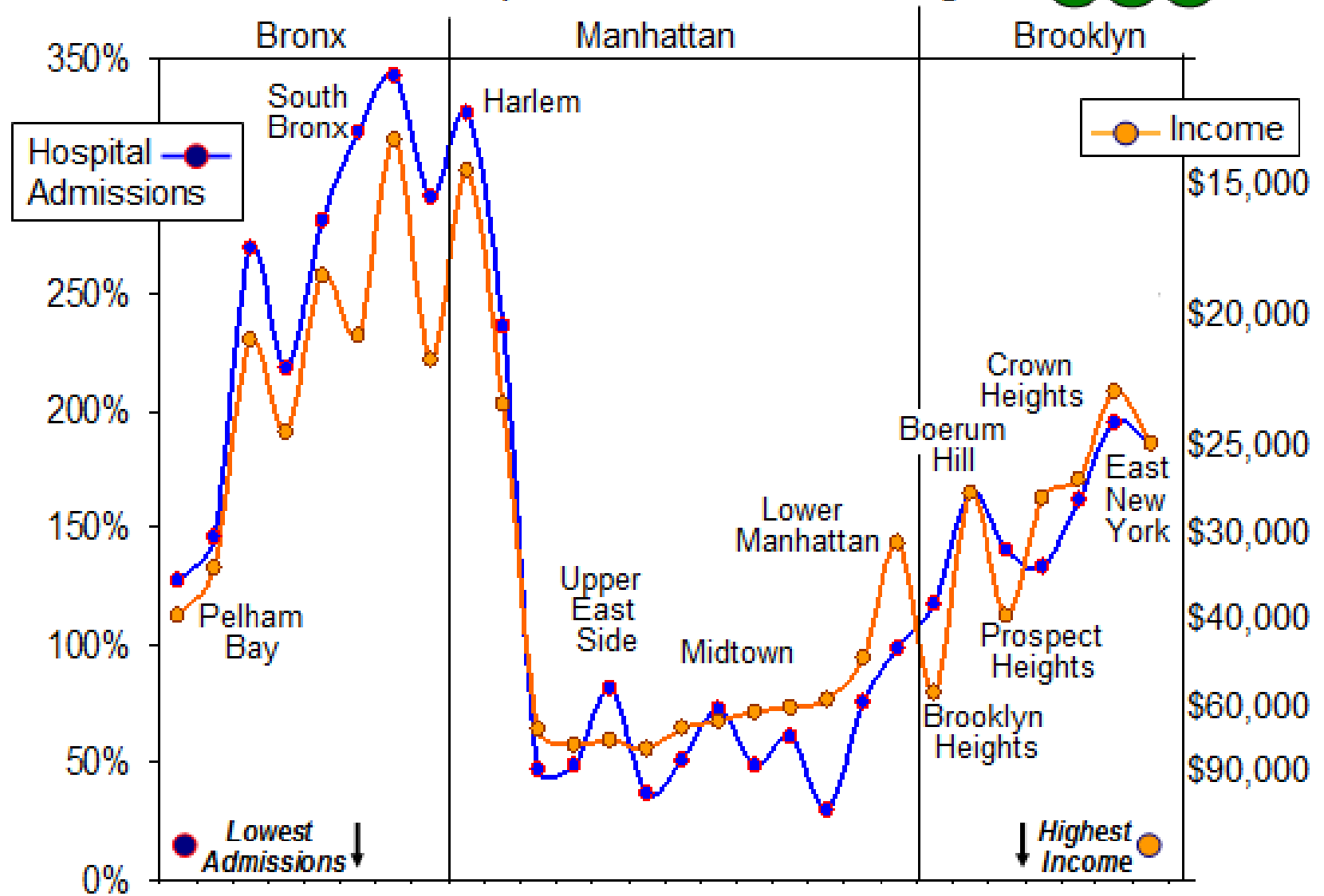
# Exploring Poverty in Healthcare

Income and Hospital Admissions Along the A train



# Exploring Poverty in Healthcare

Income and Hospital Admissions Along the **4** **5** **6**



# Recent Grants

## **FutureDocs Forecasting Tool**

An interactive, user-friendly, web-based model that estimates the supply of physicians, use of physician services, and capacity of the physician workforce to meet future use of health services at the sub-state, state and national levels.



# Recent Grants

**Health Leads** works with leading healthcare organizations to tackle social co-morbidities by connecting patients to the community-based resources they need to be healthy – from food to transportation to healthcare benefits.

Health  
Leads

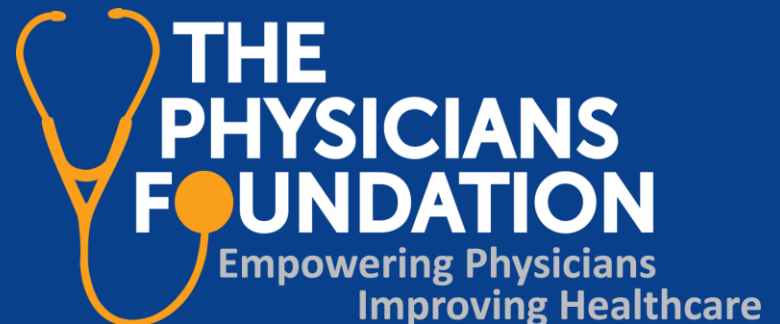
# Recent Grants

## **Direct Primary Care Conference**

Focuses on the nuts and bolts of Direct Primary Care and demonstrates how to implement this model



# Focus on “Physician Practice”



# Focus on “Physician Practice”

- **Physician burnout has become an increasingly apparent problem facing the profession**
- **Greater awareness but little research or solutions**
- **Trend fits Foundation’s mission and larger focus on physician practice**



# Alarming Rates

- **More than half of American physicians experience burnout<sup>1</sup>**
- **Physician more likely to commit suicide than general population<sup>2</sup>**
- **Patients of burnout physicians are less likely to comply with care plan<sup>1</sup>**
- **Shortage of an estimated 90,000 surgeons expected by 2025<sup>3</sup>**

<sup>1</sup> Shanafelt, T.D. et al. (2014). Changes in burnout and satisfaction with work-life balance in physicians and the general US working population between 2011 and 2014. *Mayo Clinic Proceedings*, 90(12), pp. 1600 -1613.

<sup>2</sup> Schernhammer E.S., Colditz G.A. (2004) Suicide rates among physicians: a quantitative and gender assessment (meta-analysis). *American Journal of Psychiatry*, 161(12), pp. 2295-302.

<sup>3</sup> Association of American Medical Colleges. (2015). The complexities of physician supply and demand: projections from 2013 to 2025. Retrieved from <https://www.aamc.org/download/426242/data/ihsreportdownload.pdf>.

# The Impact of Physician Burnout

## On the profession

- Early retirement
- Lack of work-life balance
- Decreased professional membership and advocacy
- Discouragement
- Negative modeling
- Depression
- Substance abuse
- Suicide

## On delivery

- Non-physician healthcare professionals
- Outcomes
- Productivity
- Patient safety

## On institutions

- Physician replacement
- Lost revenue
- Malpractice claims
- Indirect costs

## On the community

- Inadequate access
- Higher costs
- Underachievement of health-related goals

# What is the Foundation doing?

- **Sponsoring research on assessing where we are right now**
- **Participating in relevant forums to generate awareness about the issue**
  - Joy in Medicine Conference
  - International Conference on Physician Health

# Joy in Medicine Conference

- **September 13-14, 2016, in Chicago**
- **Two-part conference:**
  - **Research Summit: 20+ top international researchers discussing physician wellness and burnout**
  - **CEO Consortium: 14 top CEOs from across the country**
- **Foundation sponsoring conference and research**

# International Conference on Physician Health

- **Foundation sponsoring conference**
  - Theme: Increasing Joy in Medicine
  - September 18–20, 2016 in Boston, MA
- **AMA, BMA, and CMA will convene a 2 day summit**
  - Address and collaborate on burnout-related issues and professional sustainability
  - Identify solutions to help physicians find professional center and refocus on positive physician experience

# In Summary



# 2016 Goals

- **Develop resources to inform those inside and beyond the industry**
- **Generate awareness and encourage solutions to combat physician burnout**
- **Partner with key medical societies to bolster causes**

# The Physicians Foundation wants to hear from you!

**What vital physician issues would you like to see the Foundation research?**

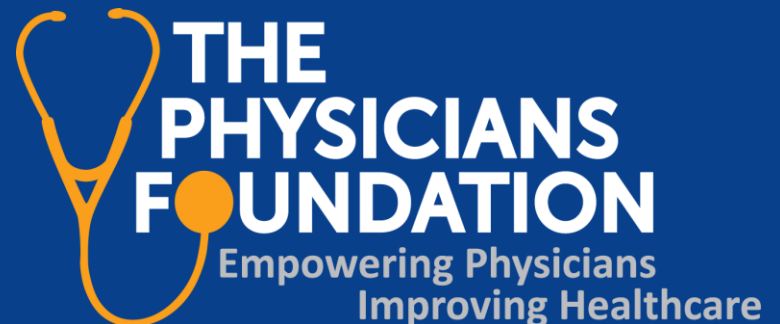
**How can we better collaborate to drive meaningful change for our physicians?**

- Email us at [info@physiciansfoundation.org](mailto:info@physiciansfoundation.org)
- Follow us on Twitter at [@PhysiciansFound](https://twitter.com/PhysiciansFound)
- Follow us on LinkedIn at:  
<https://www.linkedin.com/company/physicians-foundation>





# Questions or Comments?



# Thank you!

